

# LOVE LIST

READ each section below. When instructed, HAVE kids use **crayons** to color or **GIVE** them **heart stickers** to place on their **Love Notes**.

- *If you step on your friend's fingers, should you laugh or say, "I'm sorry"?* (Say, "I'm sorry")
- *Yes! Using words like "I'm sorry" or "Forgive me" are ways we can show love to others when we make mistakes or do the wrong thing.*
- *Here is one heart sticker for your Love Note.* (GIVE each child one heart sticker. Stickers can be placed anywhere on the Love Note, but encourage kids not to place them on top of words.)

- *Do you think that pushing your friend is one way to show love?* (No)
- *You got it! We can show love by being kind to our friends. Pushing is not being kind, and it does not show love.*
- *What is something kind you can do to show love to your friends?* (ALLOW responses)
- *Those are great ways to show love! Let me see you point to the biggest heart on your Love Notes!* (ALLOW kids to point to the biggest heart, and ASSIST as needed)
- *You got it! Now let me see you color that* (POINT to the heart) *big heart!* (ALLOW kids to use crayons and color the big heart)

- *If you are sad or hurt, what makes you feel loved?* (ALLOW responses)
- *Does it make you feel loved when someone shares with you?* (Yes)
- *Does it make you feel loved when someone hugs you?* (ALLOW responses)
- *There are a lot of ways to love others, and we can love others in the same way we like to be loved.*
- *Here is one heart sticker for your Love Note.* (GIVE each child one heart sticker. Stickers can be placed anywhere on the Love Note, but encourage kids not to place them on top of words.)

- *If you think that you can show love to others, let me see you give yourself a pat on the back.* (Kids will reach hand over shoulder and pat themselves on the back)
- *Great! Let me hear you say this after me:* (PAUSE to allow kids to repeat)
  - I Can* (thumbs to chest)
  - Show Love* (hug self)
- *Our Love Notes are almost finished! But we need to write our names on the line at the top.*
- *Pick your favorite color and write your name. If you need help, let me know and I would love to help you!* (ALLOW kids to write names on their Love Notes, ASSIST as needed)