

WEEK 4 PRESCHOOL LESSON



Need to Know: *I Can Have Self-Control*

Bible Story: *David Doesn't Hurt Saul (1 Samuel 24)*

Circle Up



1. WELCOME kids to church.
 2. SAY: *Hello, friends! My name is (YOUR NAME), and I'm your small group leader! (SHOW the pocket die) I want to get to know each of you so when it's your turn, you can tell us your name and roll this die. Then we'll see what the die lands on. I'll go first!* (SAY your name again, ROLL the die, ANSWER/DO what it says on the **Pocket Die Card** that is facing up)
 3. PASS the **pocket die** around the group. ALLOW each child to introduce themselves to the group and roll the **pocket die**. Then HAVE the child answer/do what the **die** lands on.
 4. After all kids have been introduced, SAY:
 - *You did a great job showing self-control and listening to all of your friends! On the count of three, let me hear you whisper, "Hi-yah!" One, two, three!* (Everyone will whisper, "Hi-yah")
 - *Way to go, ninjas! You used self-control and kept your voices quiet! That's exactly what ninjas do! Let me hear all of you say this after me:* (PAUSE to allow kids to repeat)
I Can Have (thumbs to chest)
Self-Control (hold both hands up in "stop" motion)
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Read the Bible



1. SAY: *There's a story in the Bible about a man who had the choice to act mean in anger or have self-control. Let's read his story together and find out what happened.*
 2. HAVE kids get ready to hear the Bible story by clicking on their listening ears and putting on their special eyes.
 3. SHOW and READ the **Bible Story Cards** to the group.
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Let's Practice



1. SAY: *Today we are going to look for hidden pictures that will help us know how we can have self-control!*
2. SHOW a **Hidden Picture Coloring Sheet**, and SAY: *Each of you will get one Hidden Picture Coloring Sheet. I will show you a picture, and you will find where it is hiding on your Sheet. Let's put on our special eyes to help us find all the hiding pictures.* (Everyone will CUP hands around eyes and SAY, "Zoop, zoop!")
3. GIVE each child one **Hidden Picture Coloring Sheet**.
4. SHOW and READ each **Picture Card**, and ALLOW kids to locate the image on their **Hidden Picture Coloring Sheets**.
5. CONTINUE until all **Picture Cards** have been shown and kids have located the hidden image on their **Hidden Picture Coloring Sheets**. Then SAY:
 - *God wants us to say, "Hi-yah," to being out of control, and He wants us to start having self-control! Let me hear you say that after me:* (PAUSE to allow kids to repeat)
I Can Have (thumbs to chest)
Self-Control (hold both hands up in "stop" motion)

Memorize It

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1. SAY: *There's a verse from God's Word that says God wants to help us change from doing or thinking wrong things to doing what's right. He wants to make our hearts and minds new! I want to teach this verse to you now!*
 2. SHOW the **Memory Verse Card**, and HAVE kids repeat the verse after you several times.
 - “*Be made new* (wave hands in front of face)
 - in your hearts* (pat heart)
 - and in your thinking.*” (point to head)
 - Ephesians 4:23* (make book with hands)
 3. REMIND kids to practice this verse with their family at home so they can win a prize in a few weeks.
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Let's Pray

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PRAY with your group, having them repeat after you in short phrases:

- *Dear God, please help me to have self-control! Thank You for my snack. I love You! In Jesus' name I pray. Amen.*
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Stay Together

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1. **SANITIZE** each child's hands, and **PASS** out **snacks**.
2. KEEP kids engaged in Small Group until they are checked out by doing the following activities:
 - PLACE the **crayons** in the center of the group. ALLOW kids to color the front or back of their **Hidden Picture Coloring Sheets**. As kids color, ASK:
 - *Is it hard for you to have self-control sometimes? When you feel out of control, what can you do to have self-control?*
 - *What is one way you can have self-control at home today?*
 - *How can I be praying for you this week?*
 - PLAY “Hot Potato” with the **pocket die**.
 - HAVE kids say the Need to Know or memory verse as they pass the **die** quickly.
 - At the end of the Need to Know or memory verse, ALLOW the child holding the **die** to tell the group a ninja move to do.
 - CONTINUE until each child has a chance to tell the group a ninja move.
 - PLAY “I Spy”
 - SAY: *I spy with my ninja eyes something that is ...*
 - The first clue should be the object's color.
 - GIVE clues to something in the room.
 - When kids guess the “spied” object, REMIND kids that we can love everyone we see!
 - CONTINUE playing, allowing kids to take turns being the one “spying” an object.